



KARATE NEW ZEALAND

Waikato Secondary Schools Champs

Union of New Zealand Karate-Do Organisations
P.O Box 4390, HAMILTON EAST
Tel: 07 859 2252 – email: Robbie@wadokai.co.nz

Attn: Sports Co-ordinators

RE: WAIKATO SECONDARY SCHOOLS KARATE CHAMPIONSHIPS

Information Sheet

What: Waikato Secondary Schools Karate Championships
When: 30 May 1pm -5pm
Where: Hamilton Wadokai Karate Club Inc. 360 Dey Street, Hamilton East
Cost: \$25 - unlimited events; spectators free.

- The competition is open to all fulltime students of Waikato Secondary Schools as long as their entry is signed by their School Principal, they are under the age of 19 years as at 1 January 2009 and they meet the eligibility requirements of the NZ Secondary Schools Sports Council and Karate NZ
- The tournament will be conducted under the rules of the World Karate Federation (basic outline of rules explained below) & officiated by qualified Karate New Zealand referees & officials.

Basic Explanation of Rules

The tournament has two distinct areas of competition - Kata & Kumite.

Kata are Form patterns performed by an individual, which are judged on the basis of execution of technique, timing, correct posture & focus etc. For this tournament, contestants are free to choose whatever kata they wish to perform. However, different kata must be performed in successive rounds.

Kumite is the sparring competition between two contestants
Each match will be 2 minutes in duration of actual sparring time.
The winner is the first to achieve an eight-point difference or the contestant with the most points at the end of the time.

In situations of a draw, the referee in conjunction with the judges will make a decision - failing that, extra time of 1 minute will be applied.

Points will be scored for correct application & execution of kicks, punches or strikes to the scoring area, which are not blocked or avoided. The scoring area includes the head, face, neck, side, abdomen, chest and back but excludes the groin & limbs.

“Control” is of the essence & therefore excessive force or contact will result in penalty points being awarded, even if the technique is delivered to a scoring area.

Open handed techniques to the face, attacks to joints (knees, elbows etc) & any technique, which by its nature is considered dangerous, are all illegal techniques & will be penalised.

The WKF rules are on the Karate New Zealand website (www.karatenz.co.nz) under the sport karate section or call the Karate New Zealand office on 0800 367-527.

Competition dress code

- White Karate-gi, for both kata & kumite.
- Hand-guards & mouth guards are compulsory for Kumite. (For information about KNZ approved hand guards contact Karate New Zealand).
- Shin and Foot protectors are compulsory
- Groin-guards, & chest guards (females) are optional, but recommended.

Further information is available by contacting Karate New Zealand 07 859 2252 or email robbie@wadokai.co.nz
Please ensure entries with entry fee attached are received by UNZKO Central Region by Thursday 18 May, at PO Box 4390, Hamilton East

Karate New Zealand Waikato Secondary Schools Entry Form

30th May 1pm -5pm
 Hamilton Wadokai Karate Club Inc.
 360 Dey Street, Hamilton East
COMPETITOR FEE: \$25 UNLIMITED EVENTS

Name _____ Ph _____

Age (as at 01 Jan2010) _____ D.O.B. _____

Gender (circle one) **Male** **Female**

School _____

Principal's Declaration: The students named above are enrolled at this school in a class in Year 9 or above on the day of competition, are under the age of 19 years as at 1 January 2010, and satisfy the eligibility criteria for secondary school sporting competitions as set by NZSSSC and Karate New Zealand.

Principal's signature _____

Entering (circle or tick divisions entered)

Kata Divisions:	MALE		FEMALE	
	under 14 years	___	under 14 years	___
	under 16 years	___	under 16 years	___
	under 19 years	___	under 19 years	___

(Competition Kata: Taikyoku, Heian, Pinan, Gekisai, or any WKF list kata.)

Kumite Divisions	MALE		FEMALE	
	under 14/ -53kg	___	under 14/ -50kg	___
	under 14/ +53kg	___	under 14/ +50kg	___
	under 14/ Open	___	under 14/ Open	___
	under 16/ -60kg	___	under 16/ -55kg	___
	under 16/ +60kg	___	under 16/ +55kg	___
	under 16/ Open	___	under 16/ Open	___
	under 19/ -60kg	___	under19/ -55kg	___
	under 19/ -70kg	___	under 19/ +55kg	___
	under 19/ +70kg	___	under 19/ Open	___
	under 19/ Open	___		___

**Please ensure entries (with entry fee attached) are received by UNZKO
 Central Region PO Box 4390, Hamilton East by 25 May 2010**